



Synchro Moms

Coached by: Carolyn Baker

Music: Mama Mia

Swimmers: Karin Banasch-Vail
Tammy Brady
Donnalea Ferguson
Janet Schwegel
Melody Tostowaryk
Monique Trudelle
Janet Vanderveen
Sandra Wiley

Junior Synchro Stars

Coached by: Laura Cox and Brea Kvisle

Level: Star 3 & 4

Music: The Lion King

Swimmers: Chloe Heiland-Booth
Alexandra Hokanson
Olivia Salioh
Andrea Sololowski
Taryn Szarka
Radomir Wasowski
Hannah Wiley

Senior Synchro Stars

Coached by: Elizabeth Scott and Katie

Level: Star 6,7, and 8

Music: Jungle

Swimmers: Kathleen Baker
Nina Benvenuto
Rachel Craig
Kianna Gallagher
Leah Magnan
Kori Shufflebotham
Sarah Tostowaryk
Caitlin Vail



 Tier 1 – minimum Star 3 and Star 4, Tier 2 – Star 5 and Star 6, Tier 3 – Star 7 and Star 8



Orca Synchronized Swimming Club



Date: March 22, 2009
Time: 5:30 PM

presents...



 Spring Water Show



Seasoned Synchro

Coached by: Katie Upton

Music: Charlie Angels

Swimmers: Carolyn Baker and Sarah Karesa

Sunday Synchrokids

Coached by: Diane Connors

Levels: Pre Star and Star 1

Music: King of Spain

Swimmers: Georgia McKinnon Mikal McKinnon
Maia Hatch Jade Swanstrom
Gabriela Turek Gabrielle Wasicuna
Anastasia Cipke Olivia Nisbet-Liu

Senior Synchro Stars Duet

Coached by: Laura Cox and Brea Kvisle

Levels: Star 8

Music: The Matrix

Swimmers: Kori Shufflebotham and Caitlin Vail

Nova Synchronized Swimming Competitive Club

Coached by: Gail McKnight (Tier 1)

Intermediate Synchro Stars

Coached by: Diane Connors and Meagan Hawkins

Levels: Star 5

Music: Technologic

Swimmers: Alyssa Handfield Ruth Maidens
Kennedy Nord Nicole Williams
Loretta Wudel

Thursday Synchrokids

Coached by: Jade Connors

Levels: Star 1 & 2

Music: Venga Boys

Swimmers: Aubrey Ferguson Abigail McPherson
Kate Singleton



Nova Synchronized Swimming Competitive Club

Coached by: Laura Mumme (Tier 5)

Senior Synchro Stars Duet

Coached by: Diane Connors

Levels: Star 7

Music: Blue Man Group

Swimmers: Nina Benvenuto and Kianna Gallagher

New Synchro Stars

Coached by: Brea Kvisle and Sarah Karesa

Levels: Star 2 & 3

Music: Sea Life

Swimmers: Katherine Battle Alexandra Ferguson
Jenna Handfield Katina Wiley
Sophie McKinnon (not swimming due to injury)

University of Alberta

Guest Club Two Soloists

Sunday Synchro Kids

Coached by: Brea Kvisle and Laura Cox

Levels: Pre-star and Star 1

Music: Pep in My Step

Swimmers: Katie Graham Lauren Leatherdale
Sara Nisbet-Lui Lenora Cable
Arianna Cable

Aurora Synchronized Swimming Competitive Club

Coached by: Elizabeth Scott (Tier 4/5)

Sunday Synchro Kids

Coached by: Samara Ferguson

Levels: Star 2

Music: Sun Glasses at Night

Swimmers: Saoirse Cipke Lindsay Graham
Marguerite Lawler Tiana Luck
Sophia Schoen Ashley Tollefson

